My weekly study timetable

Week from _____ to _____

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Early morning 5:30 – 7:00							
After school 4:30 – 5:30							
Play & rest 5:30 – 6:30							
Evening study 1 6:30 – 7:30							
Evening study 2 8:00 – 9:00							
Read / revise 9:00 – 9:30							

My goals this week

Daily habits ✓

Habit	M	T	W	T	F	S	S
Water bottle							
Read 10 pages							
Sleep by 10							

Tips: Write the subject and the chapter in each box, for example "Maths — Fractions, Ex 2". Study in short sessions with a 5-minute break. Do the hardest subject when you feel fresh. Change the times to suit your school — they are only a guide.